

# Men in Recovery

Supporting men on their journey to wholeness



invites you to

## Meetings for Men who have experienced sexual abuse

facilitated by Stephen Linturn

**Saturdays, 21 October, 25 November  
and 16 December**

**9.30 - 12.30 pm in Elgin**

**cost: £15 per meeting / concessions available**

This is a series of ongoing monthly meetings in Elgin for men who have experienced sexual abuse. All men are welcome. At the moment it is a drop in group, no previous attendance necessary. Please let us know if you wish to take part. It is NOT for men who are abusing or have a history of abusing others.

**Please contact us at  
[info@meninrecovery.org](mailto:info@meninrecovery.org)  
for more info and to book a space.**

**Stephen Linturn** - Relationship Counsellor,  
Founder of Men In Recovery

*In my counselling practice I have met many clients with sexual abuse histories. I quickly realised that I needed to first resource myself so I could support men on their journey. Men In Recovery grew out of this wish and the realisation that there was almost nothing on offer to men outside of counselling and therapy.*

